



अखिल भारतीय आयुर्विज्ञान संस्थान नागपुर

ALL INDIA INSTITUTE OF MEDICAL SCIENCES, NAGPUR

Address: Plot no 2 sector 20 Mihan Nagpur- 441108

Website: - <https://aiimsnagpur.edu.in>

Adv No: AIIMS-NAG/PHY/BCI/2025/02

Dated: 16.10.2025

RECRUITMENT TO POST OF 'PROJECT TECHNICAL SUPPORT II UNDER -ICMR FUNDED PROJECT UNDER DEPARTMENT OF PHYSIOLOGY

Name of the Post	Project Technical Support II
Name of the Project	Comparison of Effectiveness of Continuous vs. Stepwise Implementation Approaches for 12-Month Lifestyle Medicine Interventions among Polycystic Ovarian Syndrome Patients: A Multicentric Randomized Controlled Trial"
No. of Post	02 (Two)
Place of Posting	AIIMS Nagpur
Essential Qualification	<ul style="list-style-type: none">• 12th in Science + Diploma (MLT/ DMLT / Nursing/Engineering or equivalent) + Five Years' Experience in relevant subject / field OR <ul style="list-style-type: none">• Three Years Graduate degree in relevant subject / field + two years' experience in relevant subject
Desirable Qualification	Experience in Health sector projects
Nature of Duties	<ul style="list-style-type: none">• Assist in recruitment, screening, and follow-up of study participants as per inclusion/exclusion criteria.• Support in clinical data collection, assist in physiological and lifestyle assessments• Perform blood sample collection (venipuncture) from participants and ensure proper labeling, processing, centrifugation, aliquoting, and storage of biological samples.• Provide technical support during counseling and intervention sessions• Ensure accurate data entry, verification, and management using digital databases and CRFs in accordance with ICMR-GCP guidelines.• Undertake any other tasks assigned by the Principal Investigator or Co-Investigators for smooth conduct of the project.
Age Limit	Not exceeding 35 years
Emoluments/Salary	20000 + 20% HRA (Total: Rs. 24,000 /-)
Duration	30 months
Selection Process	Panel of recommended candidates will be shortlisted after a screening test followed by an interview.

How to Apply	<p>The scanned copy of the application in the prescribed format (Annexure A) along with supporting documents (in a single PDF file) should be sent to the following email ID: prathmeshk@aiimsnagpur.edu.in or before 25th October 2025.</p> <p>Candidate must also fill the mandatory Google form https://docs.google.com/forms/d/e/1FAIpQLSeeQzXaFwqzOR_Ru5vNCqMeJ3E5gXbWE1RST545FETI3yFFUQ/viewform?usp=header</p>
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Brief about the project:	<p>The project titled "Evaluation of Comparative Efficacy of Continuous vs. Stepwise Implementation Approaches for 12-Month Lifestyle Medicine Interventions among Polycystic Ovarian Syndrome (PCOS) Patients: A Multicentric Randomized Controlled Trial" is funded by the Indian Council of Medical Research (ICMR) under the Intermediate Extramural Grant 2023-24.</p> <p>This multicentric study — conducted at AIIMS Delhi, AIIMS Nagpur, AIIMS Bhopal, AIIMS Gorakhpur, AIIMS Rajkot, and Government Medical College Mandsaur — aims to scientifically compare two models of implementing Lifestyle Medicine (LM) interventions: the continuous approach and the stepwise (2-1-2-1) approach.</p> <p>The project will evaluate improvements in hormonal balance, metabolic health, menstrual regularity, stress, sleep quality, and quality of life in women with PCOS.</p> <p>It is a collaborative effort involving multiple departments — Physiology, Obstetrics & Gynecology, and Biochemistry, to generate evidence-based lifestyle protocols for managing PCOS and other chronic lifestyle-related disorders..</p>
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The shortlisted candidates will be called for an interview.

The date, time, and venue of the interview will be intimated by email only.

Important Notes

- All educational qualifications must be from a recognized board/university.
- Experience should preferably be from a government/recognized organization.
- No TA/DA will be provided for attending the interview.
- This is a contractual appointment for an externally funded project.
- The decision of the principal investigator will be final.

Whom to Contact

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